

## THE BREAKFAST MENU

# Palmer's deli & market

grEAT food. grEAT life

*have a special healthy dining request? just ask.*

### THE CLASSICS

*served with hashed potatoes*

#### THE INGERSOLL

Our breakfast sandwich with scrambled eggs, applewood smoked bacon or country sausage patty, with your choice of cheese, grilled on our BreadWorks ciabatta. **\$5.99**

#### THE TERRACE HILL EGGS BENEDICT

Thumann's Canadian bacon on a Wolferman's English muffin with two farm fresh eggs, topped with hollandaise sauce. **\$7.29**

#### BISCUITS & GRAVY

Thick and creamy gravy, loaded with sausage, served over two open-faced biscuits with plenty of our hashed potatoes. **HALF \$3.49 \$5.99**

### EGG FAVORITES

*served with hashed potatoes and fresh BreadWorks toast*

#### TWO FARM FRESH EGGS WITH SAUSAGE OR BACON

Cooked any style, with your choice of four slices applewood bacon or two sausage links or our huge country sausage patty. **\$6.99**

**TWO FARM FRESH EGGS** Cooked any style. **\$4.99**

\* Egg whites or Egg Beaters available. Please add \$1.00.

### THREE EGG OMELETTES

*served with hashed potatoes and fresh BreadWorks toast.*

#### GOOD OL' IOWA

Filled with diced cured ham, applewood smoked bacon, and shredded aged cheddar. **\$7.29**

#### JOE'S FAVORITE

Italian sausage, diced green peppers, onions and tomatoes, then topped with grated provolone. **\$7.29**

#### THE DENVER IOWA

Cured ham, green peppers, mushrooms and onions, topped with pepper jack cheese. **\$7.29**

#### THE MADISON COUNTY

Applewood smoked bacon, mushrooms, onions, and hashed potatoes, covered with cheddar cheese. **\$7.29**

#### VEGGIE

Fresh spinach, diced onions, green peppers, tomatoes, mushrooms and feta cheese. **\$7.29**

#### BUILD YOUR OWN

Choose four items below, including two meats. **\$7.29**  
Additional meat, add .75.

##### MEATS:

Cured ham, Applewood bacon, pork sausage, Italian sausage

##### VEGGIES:

Spinach, tomatoes, green peppers, onions, mushrooms

##### CHEESE:

Swiss, aged cheddar, American, pepper jack, provolone

[palmersdeliandmarket.com](http://palmersdeliandmarket.com)

*family owned since 1989*

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THE BREAKFAST MENU

Palmer's  
deli & market

2843 INGERSOLL AVE  
(515) 274-4004

can't find your favorite? just ask

## FROM THE GRIDDLE

### CHALLAH FRENCH TOAST

Four slices of our own, fresh baked Challah, a traditional Jewish braided egg bread. Dipped in a blend of eggs, cinnamon and vanilla, grilled golden brown. Served with whipped butter and powdered sugar.

**\$5.99**

### BELGIAN WAFFLES

Crispy outside, light and airy inside. Served with whipped butter, powdered sugar, fruit topping, maple syrup.

ONE **\$3.29** TWO **\$5.99**

### BUTTERMILK CAKES

Served with whipped butter and maple syrup.

ONE **\$2.59** TWO **\$4.59** THREE **\$6.59**

Fresh fruit topping for above griddle items - \$1.29

## LIGHTER CHOICES

### ROSSIE

One large buttermilk pancake and your choice of two slices applewood smoked bacon or one country sausage link.

**\$4.09**

### CLAIRE BEAR

Omelette made with two fresh eggs, loaded with cheddar cheese and applewood smoked bacon. Served with hashed potatoes and BreadWorks toast.

**\$5.29**

### MAXOMETER

Smaller version of our Challah French toast. Two slices served with whipped butter and powdered sugar.

**\$3.59**

## ON THE SIDES

<b>TWO FARM FRESH EGGS</b>		<b>\$1.99</b>
<b>ONE FARM FRESH EGG</b>		<b>\$1.29</b>
<b>APPLEWOOD SMOKED BACON</b>	2 PCS. <b>\$1.69</b>	4 PCS. <b>\$3.29</b>
<b>2 COUNTRY SAUSAGE LINKS</b>		<b>\$2.99</b>
<b>GIANT COUNTRY SAUSAGE PATTY</b>		<b>\$2.99</b>
<b>HASHED POTATOES</b>		<b>\$2.29</b>
<b>WITH CHEESE</b>		<b>\$2.79</b>

## FRUITS + STARTERS

### HOT OATMEAL

100% natural wholegrain old-fashioned oatmeal **\$2.99**

Add raisins. **.69**

**FRESH FRUIT BOWL** **\$1.99**

**ASSORTED DRY CEREAL + MILK** **\$1.99**

## BREAKFAST BREADS

**BAGELS** **\$1.59**

**BAGELS WITH CREAM CHEESE** **\$2.59**

**BREAKFAST PASTRIES + MUFFINS** **\$1.99**

**WOLFERMAN ENGLISH MUFFIN WITH BUTTER** **\$1.99**

**HOMEMADE TOAST WITH BUTTER + PRESERVES**

Our breads are baked fresh daily by BreadWorks.

Country Italian, Sourdough, Multigrain, Marble Rye,

Pumpernickel Rye and Ciabatta

**\$1.49**

## BEVERAGES

**COFFEE** Freshly brewed. **\$1.59**

**JUICES** **\$1.59**

**MILK** **\$1.59**

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